**If your child is being evaluated for OT (occupational therapy)…**

Please check any of the following performance skill areas that your child is having difficulty with.

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| **VISUAL PERCEPTION** | |
|  | Inattention and distractibility to written and/or reading tasks |
|  | Difficulty in letter recognition and letter reproduction |
|  | Reversal of letters such as b for d or p for q |
|  | Difficulty copying from a blackboard or whiteboard |
|  | Poor orientation of puzzle pieces – gives up |
|  | Poor at following instructions |
| **SELF CARE** | |
|  | Dressing: clothes or shoes on backwards |
|  | Dressing: shoes on wrong feet |
|  | Food pushed off plate |
|  | Messy eater |
|  | Picky eater |
|  | Choke on food/liquids |
|  | Finger feeding independently |
|  | Use a spoon/fork independently |
|  | Chew solid foods |
|  | Show aversion to water (such as bathing, face washing, etc) |
|  | Brush teeth or allow teeth to be brushed |
| **SOCIAL SKILLS** | |
|  | Withdrawal from social situations |
|  | Lack of group interaction (avoidance) |
|  | Lack of confidence in oneself |
|  | Making friends/getting along with others |
|  | Poor eye contact |
|  | Poor body language |
| **FINE MOTOR** | |
|  | No interest in fine motor skills |
|  | Awkward pencil grasp |
|  | Poor scissor skills |
|  | Clumsy grasp & release skills |
|  | Difficulty holding small objects, manipulating tools, pencils, or scissors |
|  | Unable to complete mazes, dot-to-dots, etc. |
|  | Difficulty copying text from whiteboard or blackboard |
| **GROSS MOTOR (MOTOR AND PRAXIS SKILLS)** | |
|  | Flinching and other responses when catching a ball |
|  | Fear response to gross motor activities |
|  | Unable to hop, skip, jump, run, etc. |
|  | Maintaining balance while walking on an uneven surface |
|  | Difficulty coordinating body sides |
| **EMOTIONAL REGULATION** | |
|  | Responding to the feelings of others by acknowledgement or showing support |
|  | Controlling anger toward others and reducing aggressive acts |
|  | Recovering from a hurt or disappointment without lashing out at others |
|  | Displaying emotions that are appropriate for the situation |
|  | Persisting in task despite frustrations |
|  | Utilizing relaxation strategies to cope with stressful events |
| **SENSORY PROCESSING & REGULATION** | |
|  | Difficulty calming down |
|  | Over-responsive to sensation, Fight or Flight response to sensation (aka sensory defensiveness) |
|  | Under-responsive to sensation, seem to have an insatiable desire for sensory stimulation |
|  | Motor problem skills – problems planning and carrying out new actions, difficulty forming a goal or idea or developing new motor skills |